

# CHINMAYA JYOTI

CHINMAYA MISSION AUSTRALIA NEWSLETTER

SPECIAL APRIL 2008 EDITION

IN-DEPTH COVERAGE  
OF GURUJI'S 2008  
AUSTRALIAN TOUR

CELEBRATING  
THE BIRTH OF SRI RAMA

SERVICE BEFORE SELF -  
MOTTO OF OUR HANUMANJI

GURUJI'S VISION FOR  
CHINMAYA VIBHOOTI



## The Australian Grand Tour

Chinmaya Jyoti is proud to bring you this Very Special April edition commemorating our revered Swami Tejomayanandaji's Australian tour.

# World renowned Vedantin Swami Tejomayananda, speaks on Chapters 14 & 15

FREE  
PUBLIC DISCOURSE

## IN MELBOURNE

### *Gateway To The Soul*

FREE public talks on Bhagavad Geeta Chapter 15

Friday 4 – Tuesday 8 April

7.30 – 9pm

(Please be seated by 7.15 pm)

Kel Watson Theatre, Forest Hill Secondary College,  
Mahoneys Rd, Burwood East (Mel Ref 62 C5)

The Fifteenth Chapter of the Bhagavad Geeta is one of the rarest pieces of literature available in the world, which indicates the "Infinite" so directly.

In this chapter the nature of the Spirit is discussed in all its implications.

If we follow this chapter in its logical build up with full concentration, invariably the listener "arrives" at that state and gets at least a "glimpse" of it.

So unique is this chapter in its brevity and beauty that no explanation about it can do justice to it. One has just to listen and *experience* its power for oneself.

In India, from ancient days onwards this chapter has been recited before taking food.

For further information please contact:

Chinmaya Dham 03 9846 8359

Vasu Srinivasan 03 9887 4232

Murali Neelamegam 0407 307 073

## IN SYDNEY

### *Know The Mind, Win The Mind!*

FREE public talks on Bhagavad Geeta Chapter 14

Thursday 10 – Monday 14 April

7:30 – 9pm

(Please be seated by 7.15pm)

Castle Hill High School, Castle Street, Castle Hill NSW 2154

FREE  
PUBLIC DISCOURSE

Happiness and effectiveness in life depend upon our capacity to master the mind. This is very well recognised today, and seminars on mind mastery abound.

How to develop and sustain this mastery is not so well known. The most powerful weapon in the battle to win the mind is knowledge. "Know The Mind, Win The Mind!" – but which knowledge can free us from enslavement to the vagaries of the mind?

Surprisingly the right knowledge, highly practical, scientifically tested and valid in all circumstances, is easily available and *absolutely free*.

Bhagavad Geeta Chapter 14, entitled the *Yoga of the Gunas* (mental attitudes), provides us with a secret capacity for detecting within ourselves the most powerful tendencies that rise up to rule our mental life at any given moment. With the knowledge of the gunas, their causes and antidotes, we can recognise the forces influencing how we function in the world and learn to keep ourselves safely *balanced in righteous living, self-control, and serenity*.

Gurujī will initiate us into the knowledge of the *mind's tricks and habits* and explain with perfect clarity the process by which we convert this treacherous master into a helpful friend.

For further information please contact:

Chinmaya Sannidhi 02 8850 7400 or 0416 482 149

Kirti Bhima 02 9680 1120

Nagaveni Badethalav 9896 1921

# A Birth in the Raghu Dynasty Extract from Tulsī Ramayan

*bhae pragata krpala dinadayala kausalya hitakari  
harasita mahatari muni mana hari adbhuta rupa bicari  
locana abhirama tanu ghanasyama nija ayudha bhuja cari  
bhusana banamala nayana bisala sobhasindhu kharari*

The gracious Lord, who is compassionate to the lowly and benefactor of Kausalya, appeared. The thought of His marvelous form, which stole the heart of sages, filled the mother with joy. His body was dark as a cloud, the delight of all eyes; in His four arms He bore His characteristic emblems (a conch-shell, a discus, a club and a lotus). Adorned with jewels and a garland of Sylvan flowers and endowed with large eyes, the Slayer of the demon Khara was an ocean of beauty. Joining both her palms the mother said, "O infinite Lord, how can I praise You! The Vedas as well as the Puranas declare you as transcending Maya, beyond attributes, above knowledge and beyond all

Rama about whom we read in the Ramayana is actually our own absolute spiritual nature.

measure. He who is sung by the Vedas and holy men as an ocean of mercy and bliss and the repository of all virtues, the same Lord of Lakshmi, the lover of His devotees, has revealed Himself for my good. The Vedas proclaim that every pore of our body contains multitudes of universes brought forth by Maya. That such a Lord stayed in my womb – this amusing story staggers the mind of even men of wisdom". When the revelation came upon the mother, the Lord smiled; He would perform many sportive acts. Therefore He exhorted her by telling her the charming account of her previous birth so that she might love Him as her own child. The mother's mind was changed; she spoke again, "Give up this superhuman form and indulge in childish sports, which are so dear to a mother's heart; the joy that comes from such sports is unequalled in every



way." Hearing these words the all-wise Lord of immortals became an infant and began to cry. Those who sing this lay (says Tulasidasa) attain the abode of Sri Hari and never fall into the well of mundane existence.

On hearing the most pleasing sound of the baby's cry, all the queens came in a flurry. Maid servants ran helter-skelter in great delight; all the people of the city were transported with joy. When the tidings of the birth of a son reached Dasaratha's ears he was drowned as it were in the ecstasy of the absorption in Brahman. With a mind saturated with the highest love and with a body thrilling all over with joy he sought to rise, while attempting to recover his senses "The same Lord, whose very Name brings blessings with It even when It reaches one's ears, has arrived at my house," he said to himself; and the thought filled his mind with supreme joy.

## SYMBOLISM OF SRI RAMA by Swami Tejomayananda

Rama is ananda svarupa, the essence of joy, the sat-chit-ananda playing in our hearts. Therefore, the Rama about whom we read in the Ramayana is actually our own absolute spiritual nature. And who is Sita to whom Rama is married? She is shanti videhasuta suhacarini, the absolute peace wedded to our blissful nature (ananda svarupa). And the Ayodhya in which bliss and peace dwell together is the space of the heart.

In the story of the Ramayana, Ramachandra had to cross the ocean to kill Ravana and Kumbhakarna. This ocean is the great ocean of ignorance and delusion that we must cross in order to destroy the enemies within us; the likes and dislikes, and the desires and anger. Only when these hosts of negative tendencies in our hearts are removed can we attain absolute peace.

Rama is also sometimes said to be jnana, (knowledge), and Sita, bhakti, (devotion). Ravana, who is the embodiment of ignorance and delusion, ego and pride can only be destroyed by Rama, who is pure Knowledge. Lakshmana is the incarnation of dispassion, Bharata the embodiment of love (Rama prema), and Shatrughna the embodiment of egoless service

# Meet the Master



at  
Chinmaya Sannidhi  
38 Carrington Road, Castle Hill

Saturday, 12 April

10:00am

Guruji Meets CHYKs

10:45am

Guruji Meets Junior CHYKs

11:30am

Guruji Meets Parents

12:15pm

Guruji Meets Balvihar

12:45pm

Arati & Lunch Prasad

## Meditation

THE STATE OF  
SUPREME PEACE  
(Dhyanaswaroopam)

Saturday 5 April

Sunday 6 April

10–11.30am

(Please be seated by 9.45 am)

Waratah Room  
Whitehorse Centre  
397 Whitehorse Rd  
Nunawading  
(Mel Ref 48 G8)

LIMITED PLACES  
available only by registration

Many of us want to practice meditation but have questions such as: 'What is meditation?' and 'How do I meditate?'

Pujya Guruji, Swami Tejomayananda has put it very simply: 'Meditation is awareness of our Being, or being aware while living.'

To be aware of our Being is to be awake to the Absolute Peace within even while acting. Through meditation we gain the ability to remain centered in that Peace even amidst the most stressful situations in life.

Come and listen to these two uplifting sessions as Pujya Guruji explains how to prepare for meditation and the techniques of meditation which include; How to sit; What to think of; Where to place our attention.

Not only will Pujya Guruji explain the above techniques, but he will go further to expound on the principles of meditation. Such understanding is rarely taught and gives seekers the necessary tools to independently progress in their Journey to the Self.

## Ramanavami Celebrations

Sunday 13 April

Chinmaya Sannidhi  
38 Carrington Road, Castle Hill

Welcome to the Sannidhi.



Join us in celebrating the Birthday of our beloved Ramchandrajai.  
Come and worship our Ram Parivar, sing soulful Bhajans and partake in Prasad.

9 – 9.45am at Chinmaya Sannidhi  
Pooja, rocking of the cradle and Arati

10.30am – 12.30pm at Castle Hill High School

Special Ramanavami Bhajan Sandhya with Swami Tejomayanandaji, who will mesmerize the listener with beautiful Bhajans and lift us to the feet of the Lord.

Performances by other devotees

Lunch Prasad

Please bring your offerings of flowers, fruits and sweet Prasad

For further information please contact:

Chinmaya Sannidhi 02 8850 7400 Ashi Chiba 9686 1994



# Service before Self...

by Swami Tejomayananda

**H**anumanji served all like the wind, giving life to all, continuously, silently and humbly.

Whom should we serve? We normally commit a double fault of serving those we should not serve and not serving those that we should serve. Surdasji in remorse says, *"Is there a crooked, wicked and indulgent man like me? How ungrateful I am? I even forgot the one who gave me this body. I gave up the company of the good and served the bad each day of my life."* From the spiritual standpoint, ignoring the Self within, we are engaged all the time in satisfying the demands of the body and senses and the whims and fancies of the mind and intellect. One should love all, but respect and serve only the great.

Vibhishan loved his brother but chose to worship and serve Shri Ram. He then became great. Gandhiji was an ordinary barrister till he joined the freedom struggle. He was thereafter recognized as a Mahatma. Shri Hanumanji's greatness did not manifest as long as he was serving Sugreeva. His divinity manifested only after he started serving Shri Ram.

When we serve the evil, we destroy ourselves. When we serve an ordinary person or cause, we may get limited success. But we outshine our abilities, perform extraordinary actions, evolve within and manifest greatness only when we serve noble souls, or a noble cause.



Shri Hanumanji served all out of devotion. He did not do so to oblige others or to make them indebted to him. But all became indebted to him. He asked for nothing in return. When Shri Ram offered to take him to Saketa (His Heavenly abode), Hanumanji refused. When Sitaji gave him a pearl necklace, he spit out each bead, saying it has no taste of Shri Ram. Shri Ram gave gifts to all who served Him. He did not know how to express His gratitude towards Hanumanji. He therefore embraced him and reaffirmed His place in the heart of Hanumanji. No temple of Shri Ram is complete without the idol of Shri Hanuman. But a Hanuman Temple does not have Shri Ram's idols as He resides in his heart. How great is the glory of one who serves the Lord. He in turn becomes worshipful like the Lord. We sing the glories of the Lord. But the Lord sings the glory of such devotees – natha pavanasuta kinhi jo karni sahasahu mukha na jai so barani. The great service that Sri Hanuman has done cannot be described even with the effort of thousand mouths.

We sing the glories  
of the Lord.  
But the Lord  
sings the glory of  
such devotees –  
*natha pavanasuta  
kinhi jo karni  
sahasahu mukha na  
jai so barani.*

Extract from  
"Serve & Deserve"

## Join us in celebrating HANUMAN JAYANTHI

Chant the Hanuman Chalisa a hundred times and let Hanumanji weave His special charm of protection around you. Invoke Him in your heart and have all your wishes fulfilled.

**The chanting will begin at 9am  
on 20 April and is expected to end at 4pm.**

*You are welcome to bring 100 flowers or coins to offer at the conclusion of each chant.*

**FOR MORE INFORMATION PLEASE CONTACT**

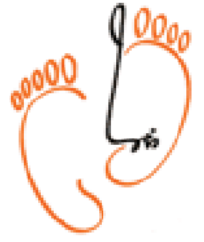
**Sydney Chinmaya Sannidhi** 02 8850 7400

**Melbourne Chinmaya Dham** 03 9846 8359



# VISION for Vibhooti

by Swami Tejomayananda



The Chinmaya Mission has already completed more than 50 years of its existence. The question now is, where are we going? When a great person establishes something with a great vision, then that work goes on, but after that person's departure, what happens to the organisation or work depends very much on the devotees and followers.

Once I was at Sidhbari with Gurudev. Somebody asked Him, "You are building so many Ashrams, Institutions, etc. What will happen to them after You go?"

He said, "I felt like doing all this, so I have done it. After me, if my disciples and devotees want to keep it, they will keep it. I am not bothered. I did what I wanted to do." He was a Karma Yogi. He had no attachment to anything.

The question we have to ask ourselves is - will we allow all these things to wither away, and only keep crying? If we are truly devoted to Him, we must stand up and keep on working. That is what will satisfy Him, because after all, His work was for the benefit of each and every individual. If I do something, it will be for my own betterment. **So, the important point is, have we understood his Vision? Have we understood the entire Mission? Are we fully identified with the whole Mission? Then, are we ready to work?**

In order to achieve all this, **we are now embarking on a great project called Chinmaya Vibhooti.** This is not going to be another Ashram, school, hospital or a social project, but something different. **Chinmaya Vibhooti literally means the 'Glory of Chinmaya'.** It also means, 'the Glory that is Chinmaya'. We have acquired 50 acres of land in a village called Kolvan, which is between Lonavala and Pune.

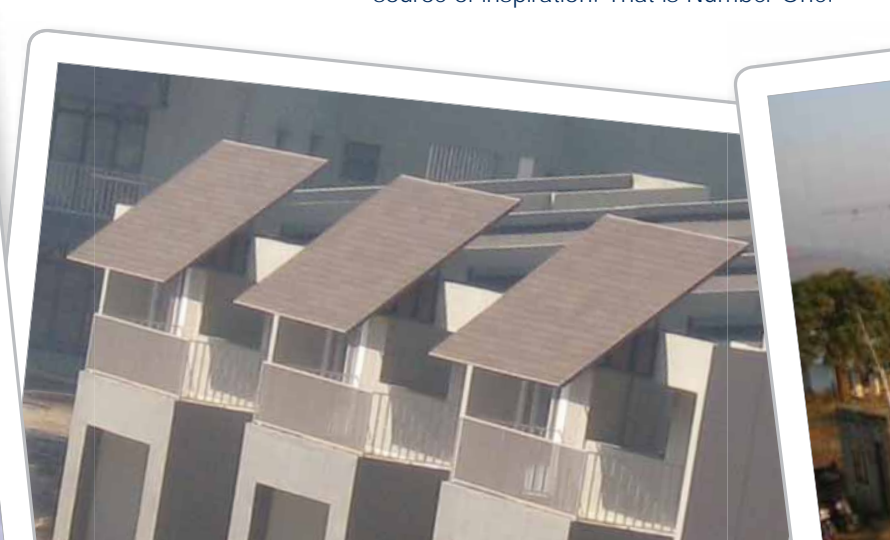
What is this project about? **One objective of this project is to pay our homage in a concrete form that is visible.** All of us are

studying Vedanta and working for all our local centres in various capacities. That is one aspect. But something visible is required.

**Chinmaya Vibhooti is a tribute to Pujya Gurudev from all the disciples, devotees, members, well wishers and beneficiaries of His work. He does not need it, but we need it. We must express our gratitude.**

**The second very important objective is, to keep the Vision glowing.** If the Vision is lost, we know what happens. If in my day-to-day life I lose my vision -- my eyes, it is so difficult to carry on with life. The Vision is very precious and that must be kept alive and glowing. How are we going to do this? Sometimes, these objectives look very abstract. To achieve them takes a lot of effort and that is what we are going to do at Chinmaya Vibhooti:

One very interesting aspect and the real heart of the project, is the depiction of Pujya Gurudev's life, work and teachings through multi - media. Nowadays there are so many technological developments, which will make this possible. The whole place will be called the "Journey With The Master". From His birth onwards up to His Mahasamadhi, all the work that He has done, and His Vision, will become clear as you go through the entire journey. His life, work and teachings will become clear and that itself will become a source of inspiration. That is Number One.



Number Two: All over the world, we have Chinmaya Mission centres, and all members are working voluntarily. They are involved and serving the community in various ways. Some of them are involved with Balavihar, some with Yuva Kendras, some with Bhajan groups, Vedanta courses, schools, hospitals and social projects. There are many grassroots activities and also many projects serving the society. The Sevaks and Sevikas of these activities have got the inspiration, devotion, dedication and readiness to work. What we always need is training. Training brings efficiency. We must know what we are doing. For example, if we are teaching Balavihar children, we must know what is the goal or objective of the Balvihar. What to teach, how to teach, how much to teach is a skill. And therefore, here we will make an international

a Ganesh Mandir, because Pujya Gurudev started His work from a Ganpati Temple. Ganesh is the God of Knowledge and our Mission is founded on knowledge.

Other features include: 'Chinmaya Enlightenment Park' a theme park, 'Look at your life as a whole and live a whole life' and finally a Residential Complex that could host up to 2000 residents.

My main objective is, on the occasion of Pujya Gurudev's Mahasamadhi, we must become aware of His Vision. What was His life, work and teaching? His life was dedicated to Truth. His work was to touch the life of people, to bring that inner transformation. And those who came in His contact are not the same any more. They have changed.

**Pujya Gurudev's life was dedicated to Truth. His work was to touch the life of people, to bring that inner transformation. And those who came in His contact are not the same any more.**



training centre for all Sevaks and Sevikas of all our activities and projects.

Number Three: We will make this a camp site. The requirements of camps are different. For the various camps that we hold, many a times we have to make do with makeshift arrangements. But this will be something permanent.

Also, as the Mission grows, we need to have national conferences. If you take our schools only, there are thousands of teachers who are teaching now. So, we need a place where conferences for teachers can be held, for national, international and world - workers' conferences of the Mission. We need an auditorium with all facilities, with a minimum capacity of 2,000 people.

There will be a Ganesh temple. The land is such that there is a road, a plain and slowly it goes upwards to a hill. On that, we will have

What was His teaching? His teaching was, "You change." He always said, "We Can, We Must." This is very simple. Do not complicate the matter.

**Do I have your support? I and you are one and, that is, our Chinmaya Mission.**

**Whatever we do is for our own growth and spiritual happiness.** What we have inside us, that only can we give to others. If we ourselves are miserable, what happiness can we give others? We must discover the fountain and source of happiness in our hearts.

## INTERNATIONAL CAMP

An International Family Camp will be held at Chinmaya Vibhooti from 26 December 2008 – 1 January 2009.

Swami Tejomayananda will conduct classes on Vibhooti Yoga – Bhagavad Geeta Chapter 10.

*This camp is open for adults and youth aged 16 and over.*

FOR FURTHER INFORMATION  
PLEASE CONTACT:

**Kirti Bhima**  
02 9680 1120

**CCMT**  
(91 22) 2856 2367

**Email**  
Chinmaya\_vibhooti@yahoo.com



CHINMAYA SANNIDHI  
NSW, ACT & QLD

38 Carrington Road  
Castle Hill NSW 2154  
P (02) 8850 7400  
E syd-info@chinmaya.com.au



CHINMAYA DHAM

VIC, SA & WA

4 Pioneer Drive  
Templestowe VIC 3106  
P (03) 9846 8359  
E melb-info@chinmaya.com.au

CHINMAYA JYOTI

*is a bi-monthly publication of  
Chinmaya Mission Australia*

E chinmayajyoti@chinmaya.com.au

DESIGNER Anjali Belani-Datt

SPONSOR April Special Edition is  
sponsored by an Anonymous Devotee

The Chinmaya Jyoti is intended for the addressee(s) named in the email and may contain confidential or privileged information. If you are not the intended recipient please immediately delete this email and attachments and notify the sender.

The Chinmaya Jyoti is subject to copyright and no part of it may be used without the express written permission of the copyright holder(s). The views expressed in the Chinmaya Jyoti may be those of the individual sender and are not necessarily the views of the Chinmaya Mission. Chinmaya Mission does not represent or guarantee the Chinmaya Jyoti is free of errors, viruses or defects. The Chinmaya Mission accepts no liability for loss or damage arising from the use of this email or any attachments.

## UPCOMING CALENDAR OF EVENTS

### APRIL

- 4-8 Guruji's Yagna – Melbourne
- 5-6 Meditation talks by Guruji – Melbourne
- 6 Family Bhajan Night – Sydney
- 6 Chinmaya Sannidhi Seva Day – Sydney
- 10-14 Guruji's Yagna – Sydney
- 12 Meet Guruji – Sydney
- 13 Ramanavami– Sydney
- 13 Bhajan Sandhya – Sydney
- 20 Hanuman Jayanti – Sydney & Melbourne
- 25 Dip N Scrip – Sydney
- 27 CHYK & Junior CHYK Sports Day– Sydney

### MAY

- 4 Family Bhajan Night – Sydney
- 8 Gurudev's Birthday– Sydney & Melbourne
- 9-11 Family Camp with  
Swami Swaroopananda\* Sydney
- 17 CHYK Workshop with  
Swami Swaroopananda\* Sydney

\* to be confirmed

# VOLUNTEERS (TEACHERS) WANTED!

Can you spare an hour to teach Vedanta at a primary school? We will train you!!!

Contact: Br Gopal Chaitanya – 8850 7400 br\_gopal@hotmail.com

*If undeliverable please return to:*

Chinmaya Sannidhi  
38 Carrington Rd  
Castle Hill NSW 2154

PRINT POST APPROVED  
PP 381667 / 00549

SURFACE  
MAIL

POSTAGE  
PAID

### HAVE YOU MOVED?

Please complete this section and return to the above address.

Name

Address

Phone Number